

# ASTHMA MANAGEMENT AND EMERGENCY RESPONSE PLAN

Name	Year	
Date of Birth	Home Room	

## Section A – Asthma Management

List known trigger(s): Dust 🗌	Pollen 🗌	Smoke	Exercise 🗌	Animal Fur	Common Cold $\Box$
Other:					

## Section B - Daily Management Planning (if required)

List strategies that would minimize the risk of exposure to known allergens:

Steps	Instructions
Step 1	Sit the student upright, provide reassurance, and remain calm.
	Remain with the student.
Step 2	Give 4 puffs of blue reliever inhaler.
	Use spacer if available. Use one puff at a time and aske the student to take 4 breaths after each puff.
Step 3	Wait 4 minutes. If there is no improvement give another 4 puffs.
Step 4	Emergency Instructions:
	Little or no improvement
	a) Call an ambulance immediately (dial 000)
	<ul> <li>b) Call parent/guardians.</li> <li>c) Keep giving 4 puffs of blue reliever inhaler every 4 minutes, until the</li> </ul>
	ambulance arrives.
	<ul> <li>Go with the student in the ambulance if his/her parents/guardians have not arrived when the ambulance is ready to leave for the hospital.</li> </ul>

## Section C – Management instructions in the event of an asthma attack



# **Section D – Medication Instructions** (Note: Medication must be provided by parents/guardians)

	Medication 1		Medication 2		Medication 3	
Name of Medication						
Expiry date						
Dose/frequency (may be as per pharmacist's label)						
Duration (dates)	From: To:		From: To:		From: To:	
Route of administration						
Administration	By self		By self		By self	
Tick appropriate box	Requires assistance		Requires assistance		Requires assistance	
Storage instructions	Stored at school		Stored at school		Stored at school	
Tick appropriate box(es)	Kept & managed by self		Kept & managed by self		Kept & managed by self	
	Refrigerate		Refrigerate		Refrigerate	
	Keep out of sunlight		Keep out of sunlight Other		Keep out of sunlight	
	Other				Other	

## Section E – Authority to Act

This asthma management and emergency response plan authorizes College staff to follow my/our advice and/or that of our medical practitioner. It is valid for one year or until I/we advise the College of a new change in my/our child's health care requirements.

Parent/Guardian Name:	Medical Practitioner (if required):	Review Date:
Signature:	Signature:	
Deter	Provider Number:	
Date:	Date:	

When complete please return this form to the College Reception.





### Staff Acceptance - Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### NOTE:

For **College staff** to administer medication they must be familiar with the medical needs of students for whom they have a duty of care.

The following points are for security and safety purposes.

- The parent/guardian notifies the school in writing to administer medication. This may include written guidelines from the prescribing health practitioner, including potential side effects or adverse reactions.
- Provide medication in original pharmacy labelled container to the College.
- Ensure any prescribed medication is not out of date and has an original pharmacy label which includes the student's name, dosage and time/s to be taken.
- Notify the College in writing when a change of dosage is required. This instruction is to be accompanied by a letter from a prescribing health practitioner or a new prescription dispensed by pharmacy.
- The student has received a dose at home without ill effect.
- Advise the College in writing and collect the medication when it is no longer required at school.
- Where parents/guardians are working with a prescribing health practitioner to determine a dose for that day (e.g. insulin, Rivotril) parents/guardians will provide a letter from the prescribing health practitioner instructing that parents will be responsible for notifying the College of the adjusted dose.

OFFICE USE ONLY					
Date received: / /	Date uploaded/entered: / / (SEQTA/MAZE)				
Is specific staff training required? Yes No	Type of training:				
Training Service provider:					
Names of person/s to be trained:					
Date of training:					

